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Gem Towers, 98 Overport Dr, DBN 53 Joyce Rd, Sea Cow Lake, DBN

e countdown for Ramadan begi

Making everything to the

he countdown has already begun. Just a few days remain for the arrival of Holy Ramadan. The very name of Ramadan evokes a feeling of expectant joy and pleasure in the heart of the believer. A restlessness overtakes the believer in eager anticipation of the Holy month. Sometimes, this feeling even turns to fear and anxiety. "O Allah, will I see Ramadan this year?"

Allah Ta'ala alone knows who will live to see Ramadan. The reassurance comes in the form of a fervent Dua, "O Allah bless us in Rajab and Sha'baan and let us make it to Ramadan." The Dua for this must continue with vigorous fervour - "O Allah! Let us reach Ramadan!"

The anticipation of this great month is not just a matter of emotion and thought. It requires action and activity. Preparation for receiving the honourable guest of Ramadan must start in earnest right away. Where do I start? What am I to do?

Articles

World News

Well, a good starting point can be to spare a bit of time daily for preparation of Ramadan. A person needs to start by making adjustments to the current lifestyle. The daily timetable must be altered, allowing more time for spiritual rejuvenation. Can I take out quality time from my present busy lifestyle? How much of time and when? Sit down and work it out. Maybe half an hour before Fajr and another half-hour before going to bed? Or will half an hour before and after Esha be more appropriate?

Whatever it may be, at least an hour out of 24 hours must be set aside with discipline and consistency from today onwards. This is time dedicated to Allah and Allah alone. Unless for an emergency, no intrusion in this time must be allowed - no phone calls or other distractions. This time should be spent in developing a strong bond of love and affinity with the Noble Qur'an, with Dua and Zikr.

A lot of time must be spent in introspection and self-appraisal. What is my current state of Islam? Strong or weak? What are my main weaknesses? How do I overcome these? Who do I turn to for spiritual help and guidance? Deep, soulsearching questions have to be posed. This is one of the highest form of Ibadah. It is the Ibadah of Fikr or Tafakkur, a moment of which equals many years of Nafl

Finally, all the "T's" of Ramadan Shareef must be kept in mind so that when Ramadan comes, "everything is to the T!". These "T's" are: Tilawah, Tahajjud, Taraweeh, Tasbeehat, Tadharru' (fervent Dua), Tatawwu' (Nafl Ibadah), Tasahhur (eating Sehri), Taubah (repentance), Tawadhu (humility) and Tafakkur (contemplation).

May Allah Ta'ala make this Ramadan a turning point in the life of the long-suffering Ummah. Aameen.

> by Mufti Zubair Bayat (Ameer, Darul Ihsan)



In this issue

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3

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10 Quick Steps To Better Ramadan

- Constantly ask Allah Ta'ala for ability (tawfeeq) to benefit from the blessings of Ramadan daily. This should begin in earnest from now.
- Make a firm determination to abstain from all forms of sin and vice and to avoid frequenting places where sin is committed. Special care should be taken to abstain from the vices of the eyes, ears and tongue as these are the tributaries to the heart and mind.
- Try to lessen ones mundane engagements and free one's time for solitude, prayers and company of the pious Ulama.
- Make a point of dedicating some time of the day or night to sit in the company of pious Ulama and seek their advices and counsel.
- Utilise the auspicious month of Ramadan to develop and imbibe the Sunnah lifestyle. Memorize Masnoon Duas for particular occasions and recite them with regularity.
- Use and manage one's time in a frugal manner. Free oneself from frivolities, futile discussions and

activities and occupy oneself in the service of others and in seeking Islamic knowledge.

- 7. Start reading books and articles on the Ramadan of our pious Ulama and seniors. In this there is ample motivation.
- 8. Become cognisant of the actions of the heart. Do everything with a clear intention and purpose.
- Cleanse oneself from the harmful traits of anger, arrogance, vulgar speech, hatred and ill feelings for others. Develop patience, humility, gratitude and sincerity.
- Adopt a practical timetable for one's activities and remain steadfast upon it. Consult with one's Shaykh or Mentor in this regard.

If these brief guidelines are adopted with zeal and sincerity there is great hope that Allah will bestow one with the true rewards of Ramadan and facilitate a bond with His servant for life.

On behalf of Darul Ihsan we wish the Muslim Ummah a spiritually rewarding Ramadan.

Discard all sin in Ramadan

here is no doubt that there is a steep increase of good deeds during the month of Ramadan. Muslims direct all their efforts in this direction. However there is some neglect in one aspect the discarding of sin.

Focussing on good actions is indeed blessed, but discarding of sins is of greater importance. Especially during the state of fasting, one should refrain from all prohibitions. In fact this is the very objective and purpose of fasting.

Hakeemul Ummat Maulana Thanwi (RA) states: "Discard all types of sins in the month of Ramadan, then, Insha Allah, the fast will be a mubarak (blessed) fast, it will

intercede on your behalf and it will become that fast for which Allah himself will grant you its recompense."

The month of Ramadan is one of the best opportunities to develop a link with Allah. To the extent that one achieves this bond with Allah, will conduct the remaining eleven months of the year. It has been narrated that the person whose Ramadan passes smoothly, his entire year will pass accordingly.

Thus, value these blessed days of Ramadan by focusing on obedience rather than laxity. Fulfil the rights due to your Creator as well as the rights of the creation. This is the demand and message of Ramadan.

The magnificent month...

Nabi witnessed nine Ramadans after migrating from Makkah to Madinah. In the nine Ramadans some important events took place:

Fasting was made compulsory in the second year of Hijrah

Nabi # experienced six military expeditions; among

them the Battle of Badr

Nabi ﷺ gave the hand of Faatimah (RA) in marriage to Ali (RA)

Nabi ﷺ married Hafsa bint Umar (RA) and Zainab bint Khuzaimah (RA)

Nabi 🗯 daughter Ruqaiya (RA) passed away

The major idols of the pagan Makkans

i.e. Al lat, Manat and Sawa were destroyed

Masjid al Dhirar (Masjid of Mischief) was destroyed

Nabi # received delegations from a number of Arab tribes across the Arabian Peninsula

(Ma'a Rasul Fi Ramadaan by Shaikh Athiyah Muhammad Salim)

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Al Ilpsan Times World News Ramadan 1437 / June 2016

UN chief calls on warring parties to cease hostilities

nited Nations Secretary-General Ban Ki-moon called on the warring Syrian sides to immediately recommit to the cessation of hostilities and uphold their responsibility to protect civilians, his spokesman said today.

"The Secretary-General is profoundly concerned about the dangerous escalation of fighting in and around Aleppo and the intolerable suffering, counted in mounting deaths and destruction, it is causing among civilians," UN Spokesperson Stéphane Dujarric said in a statement.

Noting the temporary re-launch of a cessation of hostilities in Damascus and Lattakiya governorates, the UN chief stressed the need to expand these arrangements to other parts of Syria, with a special urgency for Aleppo.

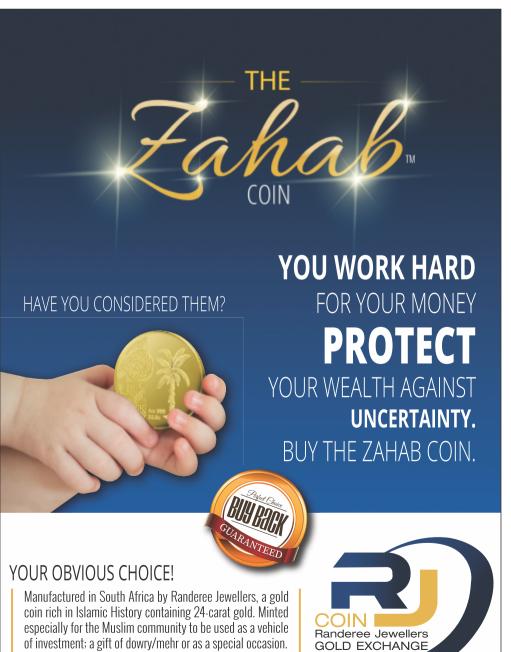
Mr Ban also reiterated his call on all concerned regional and international actors, in particular, Russia and the United States, cochairs of the International Syria Support Group (ISSG), which is supporting the current UNmediated intra-Syrian talks, to



redouble their efforts to help the warring parties put the truce back on track.

The cessation of hostilities has not only alleviated the plight of some of the Syrian people, but it is also vital to the overall process set up and sustained in Geneva by the ISSG, including the political transition process under the leadership of Staffan de Mistura, the UN Special Envoy for Syria.

"The collapse of the cessation of hostilities will only bring more violence, death and destruction while further weakening efforts to find a negotiated solution to this brutal war," the statement said.



'Umrah visas can be converted into tourist visas'

President of Saudi Commission for Tourism and National Heritage (SCTH), launched in Riyadh the Post-Umrah Programme, an initiative which allows Umrah pilgrims to convert their visas into tourist visas.

This is a key channel of "The Kingdom is Muslims' Destination" initiative, which was proposed by the commission several years ago.

In a press statement following the launching ceremony in Riyadh, Prince Sultan said the programme aims at providing an opportunity to Umrah pilgrims to see the landmarks



of the country, Islamic historical sites, attractive tourist destinations and shopping centres and malls.

They might also opt to make cultural, medical, educational and marketing tours, visit exhibitions and attend conferences after having completed their Umrah, he added.

First Museum opens in West Bank

he first Palestinian Museum opened its doors in the town of Birzeit near the West Bank city of Ramallah. Construction of the museum, which bears the shape of a ship, was funded and built by Palestinians and overseen by several Palestinian NGOs.

The museum's main aim is to preserve Palestinian culture and heritage, according to project organizers.

It is also intended to provide development and humanitarian assistance to Palestinian residents of the Israeli-occupied West Bank, Jerusalem, the blockaded Gaza Strip and the "1948 lands" (now in the state of Israel), along with Palestinian refugees now living in Lebanon.

Palestinian President Mahmoud Abbas said the museum would "enshrine the memory of the Palestinian people" and serve as a



reminder to future generations that they had been living on the land since time immemorial.

"This museum will tell the entire world that we will not leave; that we will stay here and build our state of Palestine," he asserted. "Palestinian heritage," Abbas added, "cannot be forgotten or ignored."

Museum Director Mahmoud al-Huwari said that "It was built in the shape of ship because it is meant to represent a bridge between the Palestinians and the world," he added.

'Allah is Great' posters on buses to portray islam in a positive light

undreds of British buses will carry adverts praising Allah as part of a campaign launched by the country's biggest Muslim charity to help victims of Syria's civil war.

Islamic Relief hopes the posters, which bear the words "Subhan Allah", meaning "Glory be to God" in Arabic, will portray Islam and international aid in a positive light.

Buses will carry the advertisements in London, Birmingham, Manchester, Leicester and Bradford. These cities have large Muslim populations and the charity hopes it will encourage people to donate generously ahead of the start of Ramadan on 7 June.

Imran Madden, the UK director of Islamic Relief, said: "International aid has helped halve the number of people living in extreme poverty in

the past 15 years, and British Muslims are an incredibly generous community who give over £100 million to international aid charities in Ramadan."

The new campaign will appear on buses from 23 May on 640 buses around the country.

The adverts will have a special resonance in London as the city elected its first Muslim mayor, Sadiq Khan, on Thursday.

An estimated three million Muslims are believed to live in London - around 50 per cent of British Muslim population.

Transport for London (TfL), which regulates the advertisements appearing on the city's buses, has a clause banning campaigns linked to a "political party or campaign" but does not prevent religious advertising.

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Ramadan

Is a husband allowed to kiss his wife whilst fasting? Can spouses be intimate whilst asting?

Kissing and touching one's spouse whilst fasting is permissible. However, this is disliked as it can lead to arousal which could then lead to a situation that could break the fast.

What is the ruling on a fasting person using an inhaler for breathing problems, and does it break the fast?

Using an inhaler whilst fasting will break the fast as it contains medication that enters a passage that facilitates ingestion of food and drink. Once this happens the fast will break.

However, if one utilised the pump out of medical necessity, one will not be sinful since the fast was broken because of a valid reason. Only Qadha is necessary.

Should a pregnant woman fast or can she pay a compensation amount to the needy?

A pregnant woman (or anyone else due to illness or any other valid reason) is unable to fast should make up for the fast when

able to. Only those who have absolutely no hope of fasting again like the very old, chronically ill or have a sickness that permanently prevents one from fasting shall pay Fidyah for missed fasts. Others who may have been excused temporarily from fasting will have to make Qadha (keep the missed fasts) when able to do so.

Therefore a pregnant woman must make Qadha for her missed fasts. It is advisable to make a bequest that if these Qadhas are not made up, then Fidyah should be given on her behalf.

Is it a Sunnah practice to keep 6 fasts after the month of Ramadan - is it proven from Shariah and how are these fasts kept?

This is recommended in the Hadith with the virtue of reward for fasting the entire year. The 6 fasts maybe kept all at once or intermittently throughout the entire month.

Hazrat Abu Ayoob Ansari reports that Rasulullah said: "Whoever observes the fasts of Ramadan and follows it up with keeping six fasts in Shawal, then (he will get the reward) as though he fasted the entire year." (Muslim)

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Is it permissible to go fishing during the month of Ramadan, if the fishing is done after Taraweeh? Is it permissible for a person who is observing a fast to fish?

Fishing as a form of livelihood is permissible in Ramadan whilst fasting or at night after the Taraweeh. Fishing itself does not break the fast. However, fishing as a sport or pastime is not desirable. The precious moments of Ramadan should be used profitably in Ibaadat.

Will an insulin injection break the fast?

Taking an insulin injection whilst fasting is permissible. The insulin does not nullify the fast. However, in the case where the insulin is directly injected into the stomach (and not into the muscle or tissue) the fast will be nullified.

Does one's fast breaks if one fantasies or watches pornography and semen is ejected?

Whilst fasting, just as it is impermissible to indulge in sexual activities similarly it is impermissible to fantasize or watch pornography. Committing these

What time does Sehri end?

Is the fast valid if we continue eating till the Azan of Fajr is called out?

Generally in South Africa, the Azan is not called out precisely when Sehri ends. Rather the Azan is called out approximately 5-10 minutes after Sehri time has lapsed. This is unlike the Middle East and other countries where the Azan is called out immediately upon expiry of Sehri. Therefore, if one intentionally eats beyond the Sehri time indicated on the local calendars his/her fast will not be valid.

Need a Quick Response? major sins in the state of fasting destroys the reward of the fast. However, if a person ejaculates due to fantasising or looking at pornography without any touching of his private part, the fast will not break.

If one masturbates by holding or fondling his private part against something whilst fasting the fast will be nullified.

Is it allowed to use a lip balm while fasting e.g. Labello, Vaseline etc.?

Whilst it is permissible to do so, however if there is a possibility of the substance being taken into the mouth and passing down the throat (e.g. a person being in the habit of licking his lips) then it will be undesirable. If the substance is applied and ingested then the fast will break. In this case it should rather be applied after lftar.

Does an 'internal' procedure done by a doctor break a woman's fast?

The fast will be nullified if medication (dry or wet) or anything wet/moist is inserted into the private part. It is advisable to delay the appointment until after Ramadan or during hours when one is not fasting.

Darul Ihsan Fatwa Dept.

The Fatwa Department of Darul Ihsan provides a wide range of services such as the issuing of rulings, verdicts, research, mediation, estate distribution and planning, general advice, etc.

The Fatwa Department receives an average of 250 questions per month - mostly via email - from around the globe. Every reply is checked and approved by at least two Muftis that serve in the department.

Darul Ihsan Fatwa Department provides a SMS/BBM/WHATSAPP answer service for your queries Cell Number: 084 786 2224 Email: fatwa@darulihsan.com

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Zakat

Zakat is payable on all Zakatable assets to the value of Nisab (minimum threshold) or more at the end of one's Zakatable year. Zakatable assets are generally gold, silver, cash, dividends/shares, debtors and trading stock.

The Zakatable year is the lunar year after the day one had Zakatable assets to the value of Nisaab.

Amounts owed to creditors are deducted from the sum of Zakatable assets and 2.5% of the balance is payable as Zakat.

E.g.: A person owns Zakatable assets to the value of Nisab on the first day of Ramadan 1436. If on the first of Ramadan 1437 he still owns Zakatable assets to the value of Nisab then 2.5% of the total Zakatable assets on hand on the first of Ramadan 1437 is liable for Zakat irrespective of the fluctuation during the year and irrespective of whether some of these assets were in one's possession for less than the lunar year. If, however, the amount during the year reached zero then a new year will start after one owns Zakatable assets to the value of Nisab again.

If a person was a recipient of Zakat and has passed away leaving some debts, can his debts be paid with Zakat money?

No, his debts cannot be paid with Zakat after he has died. Once, he has passed away he is no more an eligible recipient of Zakat.

If you invest in unit trusts property investment do you pay Zakat on total investment or profits?

The Unit trust itself is Zakatable.

Zakat on Shares/Unit Trusts

In principle, Zakat is not due on the entire share/unit. Zakat is only due upon the Zakatable assets of the company of investment (i.e. the market value of the merchandise as well as cash and debtors etc. of the company). As far as the non-Zakatable assets of the company are concerned e.g. fixtures, fittings, transport vehicles, etc. which are not part of the merchandise of the company, these items will be

evaluated in the share and will not be taken in account when discharging the Zakat. If it is difficult to differentiate between the Zakatable and non-Zakatable assets of the company, then as a precautionary measure one should discharge the Zakat on the full current market value of the entire share as this will generally safely reflect the net-asset value (including demand for them).

Therefore, if a company has issued 1 000 shares or a unit trust has issued 1 000 units and you have purchased 100 shares or units then you own 1 tenth of the company or the unit trust. If the Zakatable assets of the company or fund equals one million Rands then you will discharge 2.5% of one tenth of R1 million which will be R2 500.

Zakat on investment profits depends on how profits were utilised. If profits are withdrawn then it will be considered as cash at hand. If this amount is still in one's possession at the end of the Zakatable year then it will be regarded as cash on hand. If it was spent during the course of the year then there is no Zakat on spent wealth. If the profits were reinvested by purchasing units etc. then Zakat will be paid in the same way Zakat is paid on unit trusts.

We were running a feeding scheme for Iftaar during Ramadan. Members of the community that attend the Masjid partake of the meal. Most people take the food parcel with them after Maghrib Salah. Most of the people who partake of the meal are Zakatable. As a percentage, one could safely assume that 80% of the people are eligible to receive Zakat but 20% are not Zakatable. Majority of the people who partake of the meals are Muslim but some might not be Muslim. Can Zakat funds be utilised for the feeding scheme?

Zakat is not discharged in this way. Only the Zakat given to the needy recipients through the food parcels, will be considered discharged. Food eaten at Iftaar is not considered discharged irrespective of whether those who ate were eligible to receive Zakat or not.

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Taraweeh

What is Taraweeh? Is it Sunnah? How many Rakats does it comprise of?

Taraweeh Salah comprising of 20 Rakats is Sunnatul Mu'akkadah (an emphasized Sunnah) for both men and women.

To perform Taraweeh with congregation is also Sunnatul Mu'akkadah for men.

The time for Taraweeh is from after Esha to a little before Subha Sadiq (early dawn). Taraweeh can be performed before and after the Witr Salah, but preferably before.

20 Rakats with 10 Salaams are preferable i.e. one should have an intention for 2 Rakats of Taraweeh each time. After every four Rakats it is desirable to sit a while and take a rest.

If one has missed a few Rakats of Taraweeh and the Imam has commenced the Witr then the Muqtadi may join for the Witr and complete the remainder of his Taraweeh thereafter.

One may remain silent or recite the Quran Shareef or Tasbih in a low voice or say Nafl Salah separately during the period of rest between every four Rakats of the Taraweeh.

It is Makrooh to perform Taraweeh sitting if one has the strength of Qiyam (standing).

While performing Taraweeh some do not join the Jama'at from the beginning but join the Imam when

he goes into Ruku. This is makrooh (disliked).

Females should perform Taraweeh at home individually. They may recite from whatever portion of Quran they know.

Is it appropriate for females to travel or go walking to the Masjid to perform Taraweeh in congregation?

Ulama discourage this in the same manner that women are discouraged from attending the 5 daily Fard Salah in the Masjid. This is generally due to the widespread vice and evil that is prevalent. Hazrat Aisha and Hazrat Umar had discouraged this in their era because of the fitnah that they sensed surfacing at that time. The fitnah and vice prevalent today is far greater than that time.

Can a minor lead the Taraweeh for adult/mature followers?

No, a non baaligh (immature) person cannot lead adults in Salah, be it Fardh, Taraweeh or Nafl Salah.

Can Taraweeh Salah be performed in 4 Rakat segments instead of 2?

It is Sunnah to perform Taraweeh salah in units of 2 Rakats. If a person has performed it in sets of 4 this will be valid as long as he sat for Tashahhud after 2 Rakats.



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- The programmes are well attended, acknowledged and appreciated by the public



Local Relief

In times of disaster and emergency relief, the Darul Ihsan Centre's Relief team is on standby to provide relief aid. Provisions in the form of cooked meals, clothing, blankets, food parcels, etc. are made available to the victims.



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fasting person." (Tirmizi)



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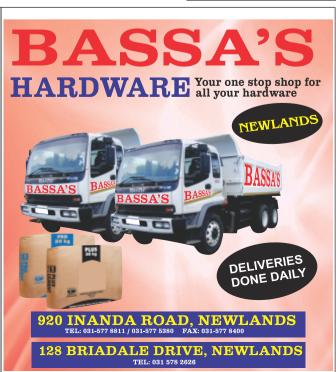
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Intanda

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13 March 2016

25 000 litres bottled water

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- 500 snack packs
- •360 stationery packs
- •500 biscuit packs

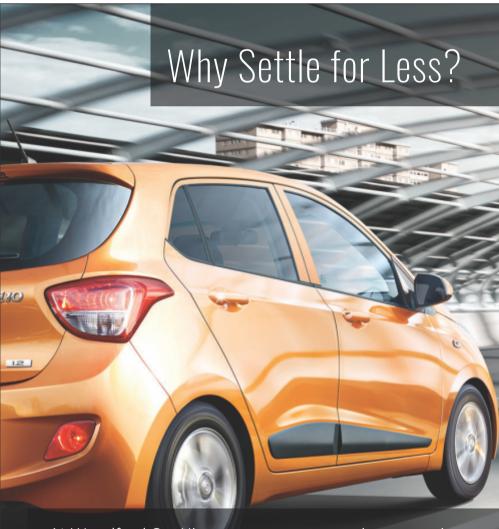


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- Six houses completed thus far







Home Improvement

- The 'Home Improvement' programme aims to better the living standards of the poor
- Basic and essential repairs and refurbishment is undertaken on behalf of needy homeowners
- Basic appliances such as stoves, fridges and beds are also provided



Library & Research Centre

- Darul Ihsan maintains an Islamic Library at its Sea Cow Lake, Overport and Starwood offices.
- Classical and contemporary works can be accessed from the library in English, Arabic and Urdu. Sections include Figh, Seerah, History, Hadith, Tafseer, Aqaaid, Education, Tasawwuf and general information.



Members of the community, students and scholars are welcome to utilise the library for research purposes by prior appointment with the Centre.

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and a laminated card of the prescribed duas.

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> For more info Contact: Darul Ihsan Centre 031 577 786 8

South Night

Saturday, 25 June / 19 Ramadan

with:

Mufti **Zubair Bayat** (DB)

Venue: **Masjid ut Taqwa** (Sea Cow Lake) Time:

9pm to 11pm

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Iftar arrangements are made for certain venues in the greater Durban area such as Lindelani, Westridge, Newlands East, etc. where a genuine need exists. The Iftar is served as a complete meal that includes savoury platters and other delicacies. This is a great opportunity to feed the fasting and reap the rewards that are promised.

Azmate Sahabah Jalsa held in Pietermaritzburg

ontinuing with its Azmate Sahabah (Lofty Status of the Companions) educational series, Darul Ihsan Centre held a Jalsa in Pietermaritzburg on 26 April 2016. The programme commenced with a Quranic recitation and two nazam renditions in praise of Sahabah. The key note address was delivered by the Ameer of Darul Ihsan Centre, Mufti Zubair Bayat, who spoke on the profile and qualities of the Ashara Mubasharah the ten illustrious companions who were given glad tidings of paradise on earth. The programme drew interest from the locals and was streamed live to many listeners via audio streaming.

The Azmate Sahabah programme series was initiated by Darul Ihsan Centre in 2009 with the idea to revive the awareness and learning of the teachings and achievements of the noble companions. With the

Grace of Allah Ta'ala this campaign has been ongoing and programmes are held regularly throughout the province of KZN. Thus far, an unbroken chain of 26 programmes on various Sahabah were held in various towns and Masajid of KZN. Together with the programmes regular educational material about the noble Sahabah is printed and promoted through the Masjid notice boards, website and social media. These posters can be downloaded from www.darulihsan.com.

With current challenges facing the Muslim Ummah regarding the integrity of the Sahabah, Muslims are encouraged to learn and study their illustrious lives and bring alive their legacy so we can also earn the pleasure of Almighty Allah just as they had.

Programmes Department- Azmate Sahabah

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Al Ihsan Times

- 4. Visit our website www.darulihsan.com to view some of the success stories.
- 5. Administrative expenses in driving our projects are huge and require purely Lillah funds. We humbly appeal to our Zakah donors to also consider contributing Lillah to assist us in sustaining operational costs.
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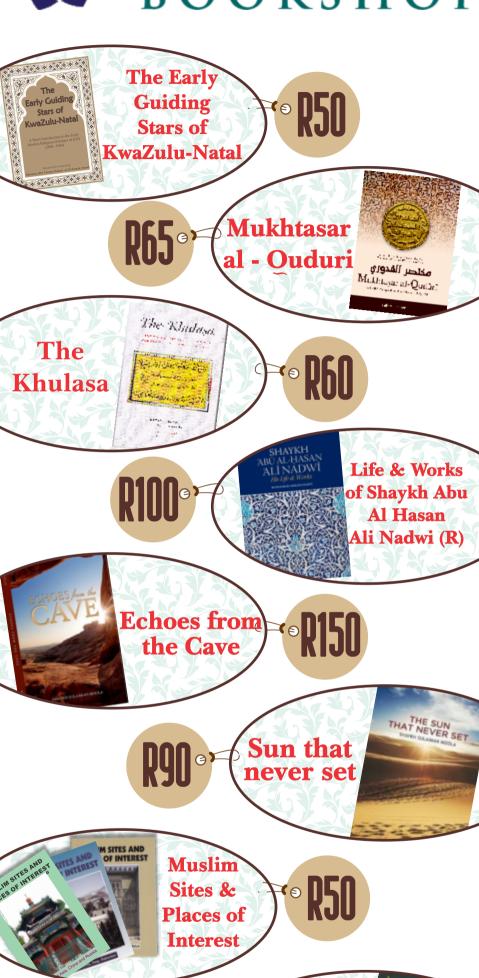




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Media Desk

he Media Desk contributes local, national and international news articles for the website and also focuses on news content of the Muslim world.

Letters commenting on broad issues are also regularly sent to the editors of newspapers.

Below are a few letters which were sent by the Media Desk and published in newspapers.

Bias and negative reporting against Islam has become a very real phenomenon in the media, especially in the international press.

The Darul Ihsan Media Desk primarily monitors the media for Islamaphobic (anti-Islamic) comments and anti-Islamic sentiments made in the mainstream media and interacts positively with media portals conveying the Islamic perspective.

Visit our website for the latest news and letters to the editor www.darulihsan.com



Drug awareness campaigns needed

THE article "KZN's home-made drug fear" (The Mercury, April 5) refers.

The scenario related in the article is an old and ongoing problem, yet it is still frightening in that it illustrates how easily a child/teen could be drawn into the world of hard drugs by consuming codeine-based cough mixtures and painkillers.

Fighting this dangerous habit is difficult as most parents may not perceive that these addictive and harmful drugs – due to continued use – are easily accessible to children in their homes and from pharmacies

Although responsible pharmacies may monitor the age and frequency of the purchaser, most do

An awareness campaign warning parents of the dangers of these drugs and a drive by pharmacies and the pharmaceutical industry for the same needs to be activated.

The government also needs to set a new standard in terms of policing and/or looking at tougher laws.

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he miracle of the Quran manifests itself in every facet of our life. Speaking and interacting with each other is the busiest occupation of every person.

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- "Speak truthfully" (3:17)
 "Speak with justice" (33:70)
 Speak moderately" (17:110)
- "Speak positively" (2:83)

- "Speak gently" (17:28)
 "Speak softly" (20:44)
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 "Speak humbly" (23:3)
- "Speak without lie" (72:5)



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